

Aesop Institute

Continuing Professional Development
for Arts and Health Professionals

Aesop Institute 2019 will commence with a three-day arts and health residential in Folkestone. Please find programme below (please note final programme is subject to change).

Arrival Date: Monday 13 May

Departure Date: Thursday 16 May

Location: Folkestone, Quarterhouse (www.quarterhouse.co.uk)

Monday 13 May

Arrival in Folkestone and evening reception.

Tuesday 14 May

In the morning, following general introductions and ice-breakers, Aesop Institute's co-directors Tim Joss and Stephen Clift will lead discussion to set the agenda for the module.

We will then be joined by Dr Michael Dixon and Jo Burns for further discussion and insights. Dr Michael Dixon is an Aesop Pioneer, past President of NHS Clinical Commissioners, previous Chair of the NHS Alliance and NHS Clinical Champion for Social Prescribing. Jo Burns is Director of BOP Consulting.

This will be followed by a session exploring key concepts in arts and health, the history of how the two sectors came together and an overview of the types of work currently being carried out.

Wednesday 15 May

In the morning we look at planning and evaluating arts and health programmes with discussion of evidence in practice.

This will be followed by a detailed session led by Dr Simon Opher looking at securing commissions and funding for arts and health projects and consideration of the conditions for embedding, spreading and scaling successful projects. This will include case studies from previous arts and health projects. Dr Simon Opher

is a full time GP and Chair of Stroud Locality Board with responsibility for the healthcare of 120,000 people. He has had an artist in residence in his surgery for the past 18 years. He founded Artlift in 2007, providing arts on prescription to patients in Gloucestershire and Wiltshire.

Following lunch, students will take part in a communications workshop, exploring effective ways to skilfully communicate their ideas and the impact of projects and how to work with the media to gain profile.

In our final session of the day we will discuss values, attitudes and skills in the arts and health sectors including co-operative working and leadership between the sectors.

The day will end with a Special Dinner with networking opportunities and activities.

Thursday 16 May

Our final sessions will give students the opportunity to work on personal development plans and the arts and health projects which will form the basis of their assessed work from May – September.

The Aesop Institute team will be on hand to aid your development and sign post online resources available via the university. We will discuss the next steps you will be taking in order to gain academic credits in this negotiated learning module, peer learning and the mentoring available to Aesop Institute students.